

I AM

The stars are beautiful aren't they.....

Like oysters hiding heaven's pearls.....

What gems are molded here

I remember that day fifty years ago

When I was twelve

I am always asking myself questions

Today I feel different

Standing in the midst of these giants

I seem to hear whispers

How did you come to be?

What is common between you and me?

Who are you?

Cycling in circling paths

Spreading apart and gathering together

I am of Cosmos

Beings of atom

Families in formation

We feel each other's motion

Sharing agency in turn and touch

We are a heartbeat of time's eye

Dancing bodies of light

Reflecting our sensations

Who am I?

From the smallest ones to galaxia

Bodies within bodies

Blossoms of heaven

Living truth

I create hundreds of billions of suns

With trillions of children surrounding them

And countless grandchildren around them

How many eyes we see through!

In every quarter billion of earth's revolutions

My body turns once

Who am I?

Call me Sol

A child of a Milky Way

A life in motion

A womb for awareness coming into Being

A campfire for every child that circles my path

Mixing atoms so new forms will grow and know

They say we are no more than the random

Let me reveal to you an experience I sense

A voyage in eternity

Can you feel the spirit of Cosmos in you?

I am earth, GAIA

Mother of all that rises from my body

Sol has molded me from ashes of an earlier one

Every piece of me contains the memory of him

From the iron in my belly

To mountain tops

I am spirit called stone

Around my body my lung fills with fluid sky

To breathe.....

Atmosphere!

Messengers bring ice to mingle

With moisture locked inside

To blanket me with ocean

I am water

A simple miracle of balance

Liquid crystal

Transparent shape shifter

Carving the grandest sculpture

By travelling the simplest streams

I am the power in humility

Now my body feels different

I am warm and move in rhythm

A midwife rocks my tides

I feel pregnant

Forms emerging from my feelings

Spirals weaving

Many bodies learning as one

Remembering galactic dances

I am the scroll clothing spirit with body

An intricate and beautiful plan
Evolving on through our children

I am a culture of Cosmos
Weaving food into a web of life
Mingling and learning
Exchanging things!

I fill the skies with air
Breathing feeds me – Ecstasy!

Call me nucleus
A place to organize experience
Diverse beings coming together
Living re-creation!

Lifting my roots I move freely
Mixing in the seas of time
My bodies change quickly
Dressing differently for every
Need and moment

Through a lens I focus my sense of others

An eye, an image

Everywhere I go I watch myself

Watching myself

Learning quickly through my organ of light

I am the gardener of Gaia

Coming ashore to plant

Seeds.....patient packages

Sleeping until ready

With rain I forest the soil of earth

Lured by unknown lights

I evolve out of water

Breathing through moist and delicate skin

My dreams take wing as I learn to sail

The ocean higher around me

I have antennas that see invisible light

A wireless network across the forest

Reptile.....sunshine warms my cool blood

Giving me force to crawl, slither, and hunt

But, bound to a surface

None of my forms live forever

LIFE

Imagine who I am.....

Call me Primate

A form of amazing possibilities

Caring

Curious

Observant

Prayerful

In wonder

Consciousness!!

A new born

Emerging from ecstasy

To feed on my milk

We are rare kinds of spirits

Intended to be

One life works through many

And many through one

We learn the cycles of food

And grow along fertile rivers

Clay passes on the poetry of my passions

And records the laws that give peace

To my relationships

We map the lights in heaven

Cycles foretell of sun and moon

The days of the moons of the signs

Mark my time

There is this thing formless yet complete

Before heaven and earth it existed

The pulse and the cycle

The TAO that cannot be named

Among mountains and shores of a middle kingdom

We move in rhythms of dynasties

From the unreal lead me to the real

From darkness lead me to light

From death lead me to immortality

There is a light that shines beyond all things on earth

Beyond the highest, the very highest of heavens

This is the light that shines within our heart

Awareness the gift of life!

Meditation is a middle way

Giving me wisdom and compassion

For all is of One

I am a priest of Nile

Knowing

Learning to know, feel, and worship

Using numbers to answer questions of life

We place our words on stone and plant

My eyes gaze toward RA

The giver of life

And stars call to me.....

I AM THAT I AM

This is my name forever

And my title for all generations

The Ten Commandments become my way

And I pass Torah to my children

Student, Teacher

I seek to know myself

In secret schools I study shapes

To learn the order of things

Observing, wondering, and writing

Experimenting!

Being is without beginning

And indestructible

Altogether one and continuous

Architect and sculptor

I use tools of metal

To turn insight into form

Nurtured in legends of epics

I seek power, beauty, and greatness

Building society with tools and votes and money

But my greeds sustains inequities and enslavements

I saw the spirit descending from heaven like a dove

The Father is in me and I am in the Father

I am the light of the world

Remember I am with you always

Love each other as I have loved you

Across Americas I farm, cure, fight, figure, and pray

In ritual with nature

Divining harmonies

Learning cycles of time

Her patterns speak to me

Telling of the spirit

There is no reality but the one reality

Allah breathes compassion into many prophets

With a new way to calculate

Bringing schools, observatories, hospitals, and mosques

The scrolls of our imagination find fertile soil in Europe

Building cathedrals, soaring to heaven

Painted on parchment and stone

And sung into light

I track the bodies of heaven

And glimpse deep mystery

Earth circles sun

I am beginning to see how my body works

Is this magical knowledge good or evil?

Or both?

The motions of the lights in heaven fascinate me

And I use lenses to glimpse forbidden secrets

Are God's other worlds like this one?

Might other lenses be pointed at us?

What is this mystery which moves all I see?

What is the force?

I feel the sphere

Searching for treasure in undiscovered country

My ignorance brings sickness, guns, and swords

With guns behind and frontier ahead

Reaching for union

A contract of spirit

One day to be free

In Democracy

With all others

How long will I wrestle with old hatreds

Ancient fears lose their grip on my neck so slowly

Ideas flourish in the peace of rising wisdom

They light the dark

Carry me here and there

And they give me wings

Finally to fly!

Knowledge of energy gives me wondrous machines

To hear and see through wires and waves

To remember my experiences!

When did I learn that I am

Many wave in one ocean?

When did I become aware that I AM?

A conscious being

A living present

Aware and growing on a branch of Cosmos

Here to share gifts of life

Our feeling soar in reflection upon our branch of creation

We are being Cosmos

Evolved through billions of years of experience

A family destined for eternal life!

Let us join together

In truth and love

Peace

If wisdom earns us secrets of the force that makes us

When we see that we are Many and One

A future beyond fantasy may unfold before us

When air and water become pure again

When the joy of sharing returns profit in cycle

Starvation no more!

When each of us is seen as rare and beautiful

Living and loving in nature

How maps of warring tribes

Fall away into history books and tour guides

When passports are exchanges for invitations

For invitations to supper

When your garage can have landing lights!

Earth is our coral reef

A sacred blue-green home

Among the suns of our Milky Way

Let us join together

In truth and love

For one day we will voyage far

Children of our Star!